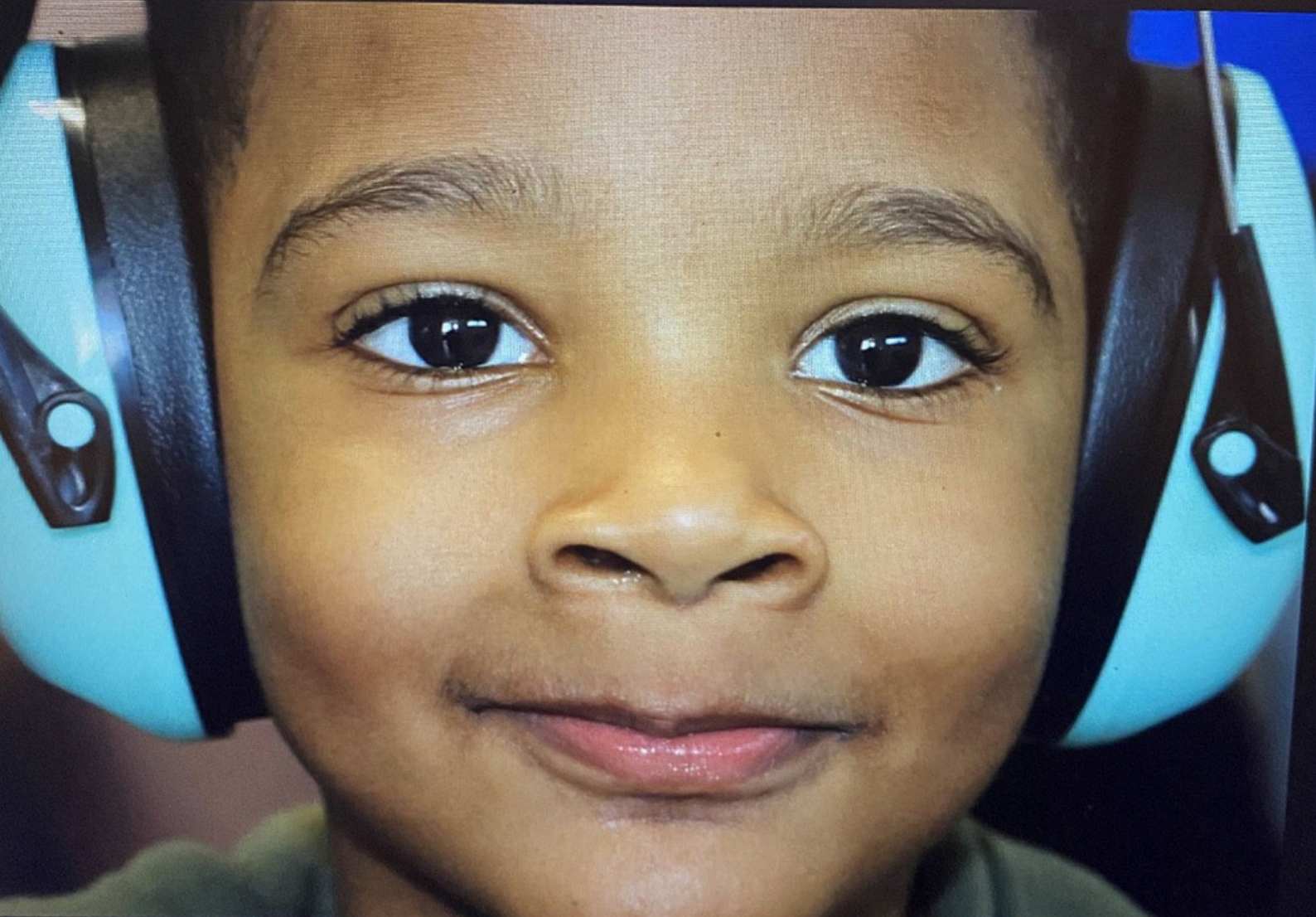
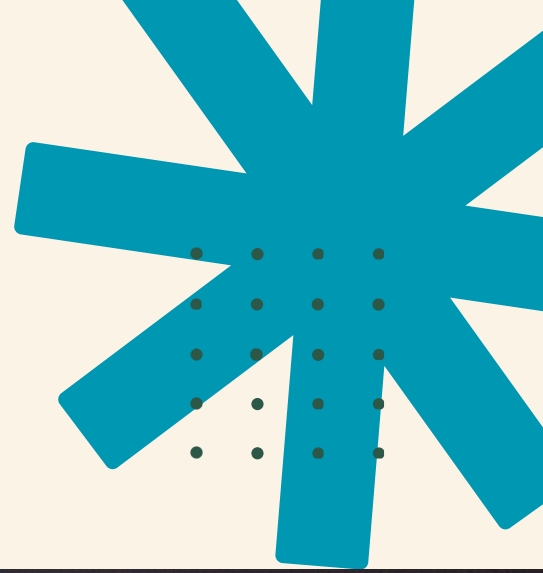


TYGERBERG HOSPITAL



CHILDREN'S
TRUST united for
a healthy
future



Annual Report: March 2025 - Feb 2026 **Tygerberg Hospital Children's Trust**

Saving tiny lives.

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TYGERBERG HOSPITAL
CHILDREN'S TRUST

LETTER FROM OUR CHAIRPERSON

Every child deserves the opportunity to not only survive but to heal, grow and thrive. At Tygerberg Hospital Children's Trust this belief is still guiding all that we do.

Tygerberg Hospital is one of the leading paediatric and neonatal referral centres in South Africa, and provides specialised care to some 40 000 infants and children each year. Many of these young patients are from vulnerable communities in the Western, Northern and Eastern Cape, and they depend on the expertise and dedication of the hospital's healthcare professionals during some of the most challenging moments of their lives. The Trust was established to fill the gap between what public healthcare funding can provide and what children need to be able to receive truly exceptional, compassionate care.

Because of the generosity of our donors, corporate partners, foundations and community supporters the Trust was able to invest in projects that changed the care and experience of children and their families at Tygerberg Hospital during the 2025/26 reporting period. Our four baskets of care – Neonatology, General Paediatrics, Specialised Care and Social Development – supported life-saving medical equipment, improved clinical infrastructure, improved educational programmes, improved family-centred care and created more welcoming healing environments for our young patients.

The impact of these contributions goes well beyond their financial value. Thousands of children and their families have experienced improved outcomes, restored dignity and hope thanks to the new neonatal incubators, special respiratory equipment, diagnostic technology, ward renovations, educational support through the Tygerberg Hospital School, therapeutic programmes and countless donated essentials. Every gift, big or small, has helped improve paediatric health care where it's needed the most.

This report highlights the incredible generosity of our supporters and the commitment of our clinicians, nurses, therapists, educators and hospital staff who turn those investments into life changing care every day. Together we don't just fund equipment or programmes, we are building healthier futures, supporting families on difficult journeys and ensuring every child entrusted to Tygerberg Hospital has the best possible chance at life.

Thank you to all donors, volunteers, partners and advocates for believing in our mission of Saving Tiny Lives. Your compassion continues to make an amazing difference. One child at a time.



Prof Pierre Goussard
Chairperson
Tygerberg Hospital Children's Trust

LETTER FROM THE CEO – TYGERBERG HOSPITAL



**Western Cape
Government**

Department of Health and Wellness

Dr M Mukosi

Chief Executive Officer

Matodzi.Mukosi@westerncape.gov.za | Tel: 021 938 4136

TO WHOM IT MAY CONCERN

It is my privilege, as Chief Executive Officer of Tygerberg Hospital, to acknowledge the remarkable contribution of the Tygerberg Hospital Children's Trust to our hospital and the children and families entrusted to our care.

As one of South Africa's leading tertiary academic hospitals, Tygerberg Hospital provides highly specialised neonatal and paediatric services to thousands of children from across the Western Cape and beyond. In this demanding environment, strong partnerships are essential. For more than 25 years, the Tygerberg Hospital Children's Trust has been one of our most valued partners, helping to bridge critical resource gaps and enhance the quality of care we provide.

During the past financial year, the Trust invested R8,932,979 in programmes and initiatives that strengthened patient care, medical equipment, infrastructure, education and child and family-centred services. In addition, it secured R1,457,219 in donations received in kind, further enhancing our ability to provide specialised care to our youngest and most vulnerable patients.

On behalf of Tygerberg Hospital, I extend my sincere appreciation to the Board of Trustees, Chief Executive Officer, the Trust's staff, volunteers, donors and strategic partners. Your generosity, commitment and shared vision continue to improve healthcare outcomes and bring hope to thousands of children and their families. We value this enduring partnership and look forward to continuing our shared mission of giving every child the best possible start in life.

Yours sincerely

DR MA MUKOSI
CHIEF EXECUTIVE OFFICER

DATE: 20 July 2026



LETTER FROM THE CEO



As I reflect on the past financial year, I am filled with immense gratitude and pride for what we have achieved together through the Tygerberg Hospital Children's Trust.

To Tygerberg Hospital, its leadership and every department that has partnered with us, thank you for your continued cooperation, trust and support. Your willingness to share the needs and challenges of our children and families enables us to direct resources where they can make the greatest difference.

To the medical professionals, nurses, therapists, and support teams, thank you for your extraordinary dedication, compassion and resilience. Every day, you care for some of the most vulnerable children in our province, often under immense pressure. It is a privilege to support the remarkable work you do.

To our donors, funding partners, volunteers, supporters, Trustees and staff, thank you for believing in our vision and for helping transform generosity into meaningful impact. Through your commitment, we have been able to provide essential medical equipment, improve facilities, support education, strengthen family-centred care and respond to urgent needs.

Most importantly, together we have created hope — giving children a better chance at life and families the reassurance that they are not alone.

It is a true privilege—and a pure joy—to be part of this remarkable team and to witness, every day, what can be achieved when we come together with a shared vision and purpose.

With sincere gratitude, thank you for walking this journey with us.

Louise Theron
Chief Executive Officer
Tygerberg Hospital Children's Trust

BOARD OF TRUSTEES



Prof Pierre Goussard
Chairperson



Prof Regan Solomons
Vice-Chair



Prof Nicolene Wesson
Trustee



Dr Marlene le Roux
Trustee



Ms Silke de Lange
Trustee



Dr Ali Hamdulay
Trustee



Prof Marius Ungerer
Trustee resigned



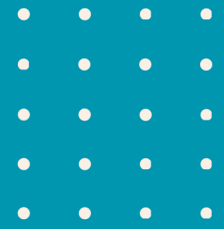
Dr Prinal Naidoo
Incoming Trustee

PAEDIATRIC PATIENTS SERVED AT TYGERBERG HOSPITAL 2025/26

- Total Paediatric Patients admitted: 15,576
- Total Paediatric Outpatients treated: 71,888
- Neonatology: 4579 NICU: 377
- General Specialist Paediatric Services: 6037
- Subspecialist Paediatrics: 3753
- General Paediatrics: Emergency attendances in Ward GG: 6952



OUR MISSION & VALUES



Mission: Enabling Tygerberg Hospital to provide world-class paediatric care

Values: Trustworthy - Reverent - United - Dynamic

Vision: Saving tiny lives





YEAR AT A GLANCE

- R6 865339 invested in equipment and infrastructure
- R1,059,307 invested in education
- R241 582 invested in Child and family-centered care
- R1,457,219 In Kind goods facilitated and donated to patient and family care
- R84 503 Awareness generation
- R682 248 Operating Expenses



United Nations

SUSTAINABLE DEVELOPMENT GOALS





KEY PROGRAMS OVERVIEW

MEDICAL EQUIPMENT DONATED

- 6xDräger Isolette8000 PlIncubators
- Paediatric interventional bronchoscope
- Ultrasound CONSONA N7 RT2 NEONATAL PACKAGE
- Surgical Instruments
- Nerve retractors
- Portable Power Station Ward GG
- 3xPulmo Basket 16MM
- 3x Pulmo Basket 12MM
- 3 X Siss Babycontrol apnea monitors
- 2 x Comen BQ80 Infant Radiant Warmers
- 40 x Cupid Baby scales
- 10 Baby Aspirators
- 25/E)Scanlan® Thoracoscopic Dennis Dissector (7 mm)
- Interactive Respiratory Humidifier SA Mobile Equipment Stand (2 Boxes)
- Optic Pulse oximeter + Inf/Ped FO MRI



KEY PROGRAMS OVERVIEW INFRASTRUCTURE AND FURNITURE

- 4 x Microwave Ovens
- Washing Machine & Tumble Dryer - Ward G7
- Washing Machine & Tumble Dryer Ward - G2
- 6 x laundry Dry racks
- M40 - Medical Refrigerator Ward GLG
- Soap dispensers - Ward GLG
- Custom Built Furniture - Ward GLG
- Isolation room padding - Ward GLG
- Renovations - Ward GLG
- Seascape Mural - Ward GLG
- 57 Oversized Kangaroo Chairs - Ward GG and G7



KEY PROGRAMS OVERVIEW

TYGERBERG HOSPITAL SCHOOL

- Funding additional teachers and therapists
- Providing Learning Resources
- Donating trollies for ward teachers
- Provide outside play equipment
- Provided Reading Books and stationery





KEY PROGRAMS OVERVIEW

SOCIAL DEVELOPMENT AND DIGNITY

Donations of

Clothing

Knitwear

Blankets

Toiletries

Baby Diapers

Gift bags and Earmuffs for Special Olympics

Hampers for Human Rights Day

Hampers for Mothers Day

Hampers for Mandela Day

Toys, teddies and books

Preemie Day gifts for all staff on neonatal platform

Preemie Day gifts for Moms

Christmas Decorations for Wards



KEY PROGRAMS OVERVIEW FUNDRAISING AND AWARENESS

Team THCT for Cape Town Cycle Tour
Tygerrun - Radio Tygerberg - THCT Beneficiary
Portuguese Camino for awareness THCT
Individual Runs for Fundraising
Bollywood Concert - Nuur Leeman for THCT
Various Radio Interviews
Newspaper Publications



IMPACT

NEONATOLOGY: 4579 patients

"The donated equipment has made a significant contribution to our ability to provide quality safe care to the newborns in our service. Examples of enhanced care include the ability to perform timely bedside imaging of critically ill babies' brains, hearts and other internal organs without needing to transport them out of the unit; ability to provide an appropriate thermal environment during resuscitation and procedures, and for the smallest premature babies; provision of safe humidified respiratory support thereby reducing airway complications and improving comfort for the babies; as well as ensuring accurate weight and growth monitoring to support nutritional management of the babies.

We are indebted to the Trust and donors, as these donations have substantially enhanced the standard of care delivered to the vulnerable newborns in our care and have increased our capacity to provide high-quality, evidence-based neonatal care."

Prof Gugu Kali - Head Neonatology



IMPACT

Paediatrics : Bronchoscopy service

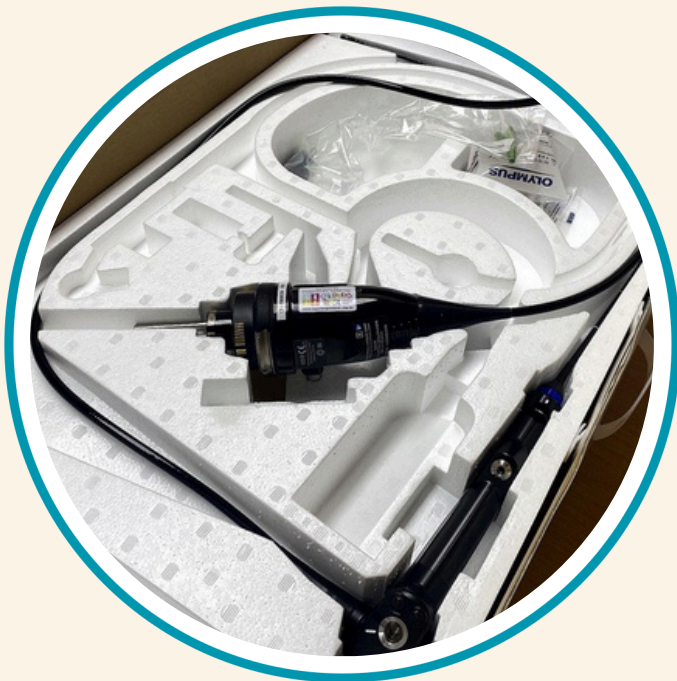
“During the reporting year, the department strengthened its pediatric interventional bronchoscopy service through the acquisition of:

- 3 × Pulmo Basket, 16 mm foreign body retrieval baskets
- 3 × Pulmo Basket, 12 mm foreign body retrieval baskets
- 1 × Pediatric interventional bronchoscope

The equipment donated was used in approximately 25% of the 350 bronchoscopic procedures performed during the year. The availability of the retrieval baskets and dedicated pediatric bronchoscope enhanced the department's capacity to safely perform interventional bronchoscopic procedures, particularly the removal of airway foreign bodies, improving procedural efficiency and patient care.”

Prof Pierre Goussard

Head of Clinical Units: Paediatric Pulmonology and Paediatric Intensive Care at Tygerberg Hospital



IMPACT

Paediatrics : Division Radiodiagnosis

“At the beginning of this year, The Children’s Trust kindly donated an MRI-compatible pulse oximeter to our MRI Unit at Tygerberg Hospital. This small but essential piece of equipment has made a huge difference to our service.

Earlier, our paediatric MRI service had to be cancelled when our old monitoring device broke. Since receiving the new pulse oximeter, we have had the reassurance of a reliable back-up monitor, allowing us to continue safely scanning our sick and vulnerable children even when our other equipment has experienced problems.

Over the past month in particular, we have relied heavily on this monitor due to recurring equipment issues. Thanks to the donated pulse oximeter, we have been able to perform MRI scans on 60 children in just one month, without any further cancellations of our paediatric MRI service.

For these children and their families, this means fewer delays, less anxiety and, most importantly, timely access to the imaging they need.

We are eternally grateful to The Children’s Trust and everyone involved in making this life-saving monitor available to our unit. Your generosity has had a very real and meaningful impact on the care we are able to provide to some of our most vulnerable patients.”

Prof Christelle Ackermann
Head of Division Radiodiagnosis



IMPACT

Paediatric Surgery

“The paediatric surgical instruments donated have been extremely valuable in facilitating the lung and heart operations in these children. We are able to treat congenital heart and lung diseases and complications of infections such as Tuberculosis and Hydatid disease more efficiently with the instruments donated. In the past year we have treated over 70 patients, which is about 1 to 2 patients per week.

The majority of children are between 0-3 years, but we also treat older children between 3-18 years.”

Prof Jacques Janson:

Head of the Division of Cardiothoracic Surgery at Tygerberg Hospital.

“The Division of Paediatric Surgery would like to express our sincere appreciation to the Tygerberg Children’s Trust for the donation of the apnoea monitors. These monitors have had a meaningful impact on the postoperative care of our most vulnerable patients, particularly premature neonates and young infants undergoing surgical procedures. They enable continuous monitoring and early detection of apnoeic episodes and associated changes in heart rate and oxygen saturation, allowing for prompt clinical intervention when required. This is especially important in premature neonates, who are at increased risk of postoperative apnoea following anaesthesia and surgery. The availability of these monitors has significantly strengthened the safety and quality of postoperative monitoring within our unit and has supported improved care for our young surgical patients. We are deeply grateful to the Tygerberg Children’s Trust for this valuable contribution to the care and safety of our patients.”

Dr Corné de Vos

Associate Professor and Consultant Paediatric Surgeon
Tygerberg Hospital Paediatric Surgery



IMPACT

Adolescent Psychiatry - 102 admissions

"The Adolescent Inpatient Psychiatric ward at TBH was privileged to have been awarded a grant by the Stavros Niarchos Foundation in Greece for renovations to improve the holistic care space offered to Adolescents with mental illnesses requiring high secure admission. This was facilitated and successfully completed with the support and project management by the THCT that ensured smooth, transparent oversight until completion. The ward now boasts a soft color palette that runs through the furniture, the walls and the communal areas. A reading and quiet space is available for the patients, as well as carefully designed interior décor – with wall paper and murals allowing for the ward to offer an inviting and welcoming space in the face of an anxiety provoking experience for children and their parents.

The Trust was instrumental in not only sourcing local community supportive contractors for the external and internal renovations, but also assisted with the creative thinking and funding around therapeutic programmatic input. This practically translated into sourcing support and services of a wide range of therapists like biokineticist, drama and art therapists who engaged adolescents during their admission and with additional holiday program support. The impact of this was tremendous, in allowing the vision of our service to see fruition. This meant that instead of an adolescent who is traumatised and mentally ill being faced each day with a sterile and mundane environment – we were able to offer them a holistic and healing service – speaking to their desire to engage in physical activity, movement, arts and creative outlets beyond traditional medication input only.

Continue

IMPACT

Adolescent Psychiatry continues...

This not only allows adolescents to feel hopeful, but also assisted the clinical psychiatric team to make a more informed decision when it came to medication response and functional recovery. Patients and their caregivers valued that this adolescent friendly ward now offered not only a soothing and safe environment but also offered the opportunity for their children to express themselves non-verbally through outdoor activity and creative arts, conducive for social interaction.

For the period that we were privileged to have had the support from the Trust donors with the additional therapeutic programs – we were able to demonstrate that offering respective, holistic healing for adolescents in a public service, limited resource environment is not only possible but has the potential to serve as a example of what dignified and holistic mental health care can look like for children.

The toiletries donated by the Trust assist with self care such as bathing and related activities, brushing teeth, hair care and girl's basic hygiene."

Dr Anusha Lachman

Head of Clinical Unit | Child & Adolescent Psychiatry

Faculty of Medicine and Health Sciences

Tygerberg Hospital, Department of Psychiatry, FMHS



Tygerberg Hospital School - 2218 learners

“The support from the Tygerberg Hospital Children’s Trust has been transformative for our school and the daily lives of our learners.

By funding two additional teaching assistants, an occupation therapist and a speech therapist, the Trust has enabled us to provide the tailored, one-on-one attention and specialized care essential for helping children reach critical developmental and educational milestones.

Donations, including books, stationery, and trolleys, have not only streamlined our classroom organization but also greatly enriched our daily learning activities.

Furthermore, the donated trampoline has become a vital tool for sensory regulation and gross motor therapy, offering both immense joy and therapeutic benefits.

2218 learners from grade R to grade 12 received schooling at the school during the past financial year.”

Ms Janine Gomez

Principal - Tygerberg Hospital School



IMPACT

The Sleep Fairy Project More than 1,000 colouring books distributed

“The Sleep Fairy Project is an anaesthetic-led initiative at Tygerberg Hospital dedicated to creating a gentler, more child-friendly surgical journey through creativity, play and compassion.

Our story and colouring book, Themba and the Sleep Fairy, helps children understand and prepare for surgery. More than 1,000 copies have been distributed across 15 hospitals in South Africa, spanning the Western Cape, Gauteng, KwaZulu-Natal and Eastern Cape. Available in English, Afrikaans, isiXhosa and French. Further translations are underway, alongside an AAC-supported version for children on the autism spectrum and those with communication difficulties.

In 2026, the project was presented at the World Congress of Anaesthesiologists in Marrakesh, Morocco.

Closer to home, community donations enabled us to provide warm winter blankets to children undergoing surgery, while our Mandela Day celebration with Château Gâteaux brought music, face painting, party packs and rainbow cake to children and families.

Together, we are transforming the surgical journey—one smile, one story and one child at a time”

Dr Shenaaz Essa
Project Leader: Sleepfairy Project



VOLUNTEER HIGHLIGHTS AND TESTIMONIES

21

Four MBA groups, comprising 28 MBA students from Stellenbosch Business School, were allocated to THCT for their Business in Society Module. They actively promoted THCT, contributed to strategic planning and advisory processes, provided management-level support, facilitated donations, and assisted with marketing and empowering the Trust. Their contribution made a meaningful impact on the Trust's work. Following completion of their module, they established an MBA Network, which remains open to all MBA students associated in supporting the Trust.

“Being part of the THCT has reminded me that meaningful impact often starts with simply asking where your skills, networks and energy can be useful. It has also been incredibly special to be part of the newly established Network Forum and to help shape something that I believe can bring even more people, ideas and opportunities around the work of the Trust. I feel very privileged to play even a small part in an organisation that brings hope, dignity and possibility to so many young lives.”

Elené Botha

Chairperson: THCT MBA Network Forum

Friends of THCT

Five dedicated volunteers provided invaluable support to THCT by collecting in-kind donations, knitting, sorting, packing and distributing essential items, as well as assisting with fundraising and sales. Their commitment, generosity and willingness to contribute their time and skills have made a meaningful difference to the Trust's work. This very special group of ladies continues to play an important role in supporting THCT's initiatives, and their contributions are sincerely recognised and deeply appreciated.

“As a volunteer of THCT, I feel blessed to be of assistance to someone in need and this privilege brings a profound sense of fulfilment, joy and humble gratitude to be able to contribute in a meaningful way to the betterment of another person.”

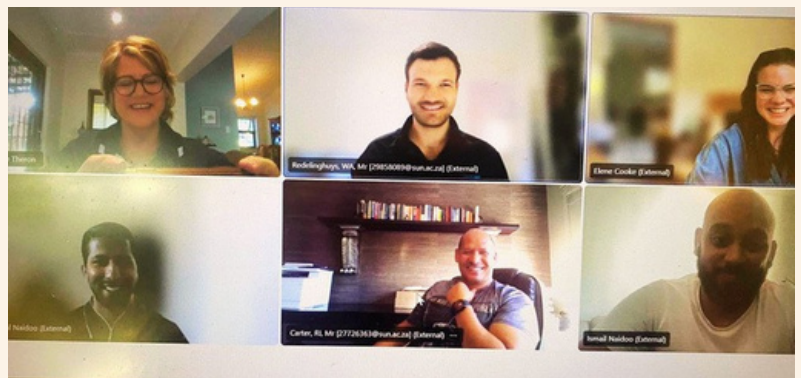
Ms Tayba Parker

Leader - Friends of Tygerberg Hospital Children's Trust

Many volunteers were helping by assisting with social media, knitted baby clothing, assisted with sales and fundraising and some by carrying goods to the hospital. We are blessed with amazing volunteers.



Donations facilitated by Friends of Tygerberg Hospital Children's Trust



Meeting with MBA group

THANK YOU TO OUR DONORS, PARTNERS AND SUPPORTERS

Grants, Partners and Corporate Sponsors

BILDhilft e.V. "EinHerz für Kinder"; Carl & Emily Fuchs Foundation; CTP LTD; Dischem Foundation; Doa Charles Academy; Draeger SA; Durbanville Voorbereidingskool; FG Uniforms; Fred J Robinson Fund; GEMS; Helderberg Uitreik Hospitaal Projek; Hillview Academy; Home Find24; L&A RMS; Mainstream Refrigeration; Mayoral Fund (CoCT); MBA Groups (SBS); Meadow Feeds; Merchant Factors; Metropolitan Health; Nuur Leeman Productions; Orion Real Estate; Pallet Supply Company (Pty) Ltd; Provimi SSA; PSG Wealth Financial Planning (Pty) Ltd; Radio Tygerberg; Rupert Foundation; Tygervallei Shopping Centre; Safeline Pharmaceuticals (Pty) Ltd; SAFMed; Stellenbosch Business School - Social Impact; Surgical Innovations; The Stavros Niarchos Foundation (SNF); UK Online Giving; Van der Spuy; Vula Medical; Wenzel Consulting.

Individual Donors

Abdul Ashtiker; ANNazeer; Audrey Jacobs; Blessing; C Lawrence; Caroline Parker; Christina Lin; Crystal Jacobs; JD Botha; L Roses - Arch Tutu; Late n Rice; Lilah Parker; Lillah Mussafar; M Harvey; M Malgas; M Phiri; Madeleine; Nabi-PBUH; Overmeyer; Brobert du Preex; S Parker; SL Malan; Tayba Parker; Tshepo Motloun; X Redelinghuys; Zakah; Zaylia Vivienne

Donors of Goods In Kind

CapeLinen; Friends of Tygerberg Hospital Children's Trust; GA Maclachlan Inc; Helderberg Dienssentrum; Helderberg Tienerkerk; Hillview Academy; Islamia School; Junior Council - City of Cape Town; Light Box Digital; Lumico; MBA Groups; Meltrade 286 (Pty) Ltd; Modern Electric; Nappy Warehouse; NG Kerk Constantia; PepKor CSI; Property24; SARS Bellville; Shouts of Joy; South African Muslim Charitable Trust; Stitch&Bitch Group (Johannesburg); The Trolley Company; UWC Golden Key Chapter; Yokico (Pty) Ltd

Donors of Sleepfairy Project for "Themba and The Sleepfairy book"

CureDay Hospitals; Digniti; DrägerSouthAfrica; Gift of the Givers; Safeline; Treeline; Tygerberg Hospital Children's Trust.

Special Thanks to:

- Our Trustees of THCT for their leadership and guidance
- Tygerberg Hospital management and staff for their generous cooperation and support
- Our volunteers and supporters.
- All our donors and partners
- The Stellenbosch University for an office and infrastructure in the Clinical Building on Tygerberg Campus.

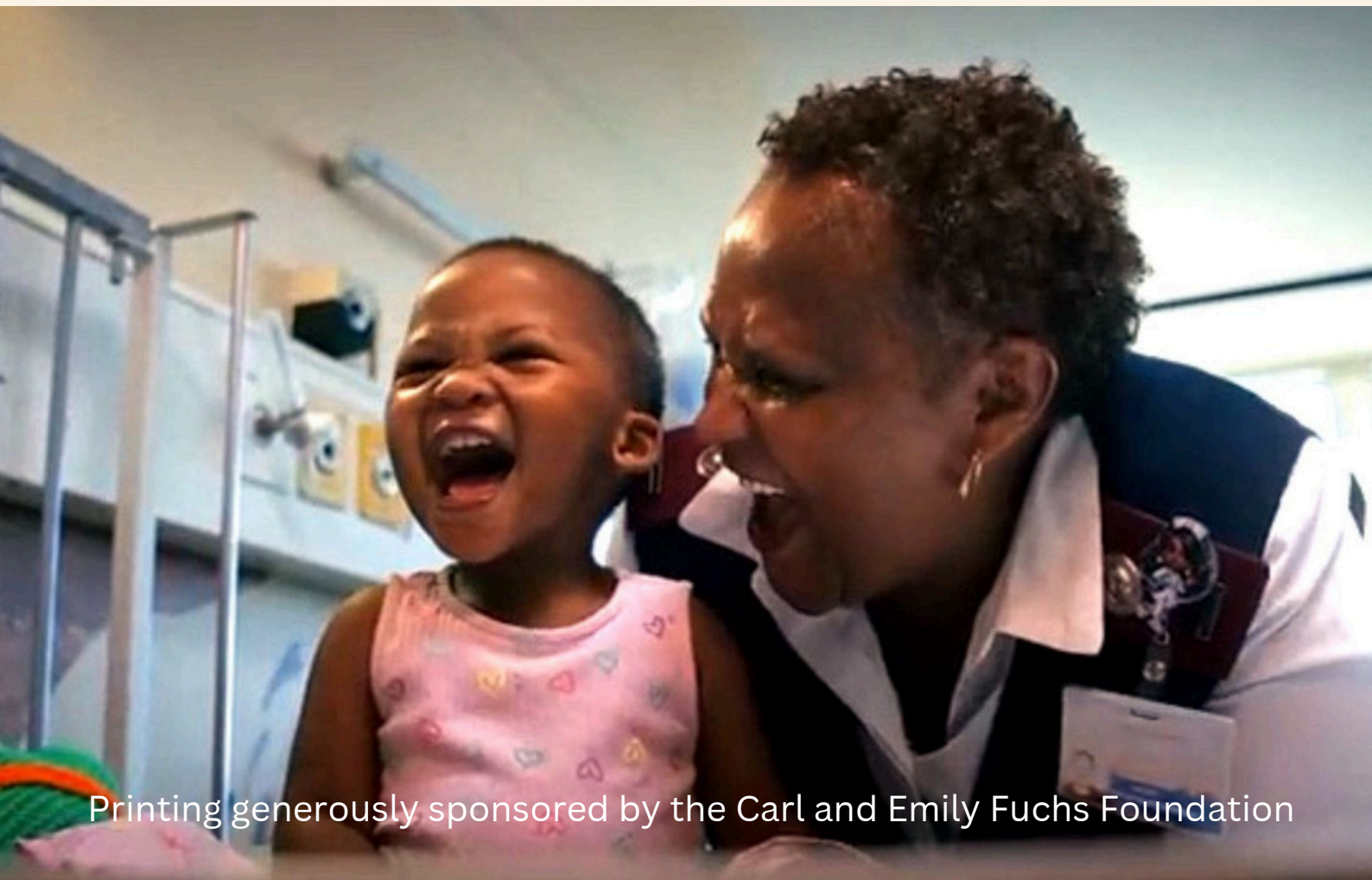
Address:
 Tygerberg Hospital Children's Trust
 Room 2105B
 Clinical Building
 Francie van Zyl Drive
 Parow
 7500
www.tygerbergchildren.org.za

Banking Details:
 Bank: Nedbank
 Branch: Tygerberg Winelands Business Banking
 Branch Code: 198765
 Account Name: Tygerberg Hospital Children's Trust
 Account Number: 1186000198
 Account Type: Current/Cheque
 Swift Code: NEDSZAJJ

Contact: Louise Theron
 Tel 0762081565
 Email: ceo@tygerbergchildren.org.za



Sec 18A certificates available at admin@tygerbergchildren.org.za



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